

The Cauldron of Longing & Genius: A Journey for Youth Quest Alumni June 23rd—28th, 2009 in the Sacred Mountains

*In each of us, there is a Genius waiting to be discovered.
The Genius carries our unique gifts into the world.
Without our Genius, we feel empty, lost, unfulfilled.
But where is this Genius? How do we discover it?
The secret is this: We must journey into our deepest Longing.
Our Longing is the pathway.
In a culture that has forgotten these ways, the journey is not easy.
But we have two allies:
We can create Community, so we are not alone on this journey.
And, we have Nature, the most powerful force of all, as our guide.*

The Details

What's Included

- Guiding and facilitation on this unique backpacking journey into the wilderness.
- Preparation guide and list of personal camping gear to bring.

What You Need to Provide

- Transportation to our meeting place in the mountains at the start of the trip and home at the end of the trip. Directions to be sent to you upon registration. Carpooling may be arranged as desired and is highly recommended.
- Personal camping gear (equipment list provided).
- Ability to carry your own loaded backpack for approx. 2 hours.

Fee

The fee for The Cauldron of Longing and Genius is \$800. Full payment is due by May 1, 2009 (unless we've arranged a payment plan with you). Some payment plans may be available. Please contact us for more details.

To Register

Please take a moment to read through our registration and trip cancellation policies below. To register please send:

- (1) A completed Application (attached);
- (2) A completed registration form (attached); and
- (3) A \$200 non-refundable deposit to Wilderness Reflections, P.O. Box 177, Woodacre, CA 94973.

Thank You!

We look forward to this fantastic journey with you,

Amy, Shai, Will (and Dave)

The Cauldron of Longing and Genius: A Journey for Youth Quest Alumni Application

Dear Youth Quest Alum,

Thank you for your interest in the alumni journey. We would like to hear what is calling you to participate. Please take a few minutes to answer the following questions:

(1) Why are you interested in going on this journey?

(2) How do you imagine this journey supporting your larger life journey at this time in your life?

(3) Are there any particular questions, challenges, or struggles that you would like us to know about? (Feel free to contact us in person as well.)

(4) Are there particular gifts you would like to bring to this journey: music, art, activities you would like to help lead, or other skills you've developed since your Youth Quest which you would like to bring into this trip?

(5) Are there any other comments or questions you have?

REGISTRATION INFORMATION & POLICIES

Programs are filled on a first-come, first-served basis. We encourage early registration to secure your place and to provide you with sufficient preparation time. You may pay a deposit or full payment. Wilderness Reflections (WR) reserves the right to screen participants for compatibility with WR programs, which can be physically and psychologically challenging. For the benefit of all, we require participants to be in good physical, mental, and emotional health. We reserve the right to refuse enrollment based on our assessment of these and other criteria. Should you not be accepted for a WR trip that you have registered for, your deposit or payment will be returned in full.

CANCELLATION POLICY - Please Read This Before You Register

Take some time to carefully consider your decision to enroll in a WR program. Most participants find our programs to be life-changing journeys. Your decision to enroll represents a commitment to yourself and to us. Our deposit policy is designed to support you with this commitment and to make it possible for us to schedule guides and prepare effectively for the trip. Having done this for many years, we can tell you that it is common, even appropriate, for people to feel some fear and resistance before stepping into the unknown realms of the inner or outer wilderness. It is especially common for these feelings and concerns to arise as your trip date gets closer. During your preparation time, life may present significant obstacles (real as well as imagined, inner as well as outer), and it may seem impossible for you to proceed with the WR program. These apparent obstacles arise quite commonly and we believe that they are an important part of the experience, serving to help you become more clear on what your quest or journey means to you and paving the way in your life for the insights and growth you will be bringing back after the trip. We ask that you register only when you are truly committed to going.

- Deposits are non-refundable at any time after receipt unless we cancel the program, you are not accepted for a particular program or it is full.
- The balance of your tuition is non-refundable unless we cancel the program, you are not accepted for a particular program or it is full.
- For cancellations made 5 weeks or more before the start date of a program, the deposit and tuition paid can be credited for a later program of the same type. This can be done only one time. However, an additional non-refundable deposit must be sent in order to hold space in the later program.
- For cancellations less than 5 weeks before the start date of a program, all tuition paid is forfeited.

FEES AND PAYMENTS

- If you choose to make a deposit only at this time, final payment is due 5 weeks prior to the start date of the program.
- When registering less than 5 weeks prior to the start date of a program, please pay the entire tuition payment (including camp logistics fees).
- Our Guide Fees (i.e. program tuition) and Camp Logistics Fees are listed separately. Camp Logistics Fees cover food, camping permits and other expenses specific to a trip's setting and vary with the location of the program. We ask you to inform us of any special dietary needs (our standard menus are mostly lacto-vegetarian) and provide for special needs we cannot meet.

SCHOLARSHIPS AND FINANCIAL AID

Scholarships, fee reductions, and payment plans are often available for those who would otherwise be unable to participate; please contact us for more information.

To Register:

Please complete this form, and mail it along with your application and non-refundable deposit (\$200) to:

Wilderness Reflections
P.O. Box 177
Woodacre, CA 94973

If you are under 18 years of age, please complete the parent information as well.

Name _____

Parent Name(s) _____

Address _____

City _____ State _____ Zip _____

Parent Phone (day) _____ (eve) _____

(cell) _____

Parent Phone (day) _____ (eve) _____

(cell) _____

Participant Phone (home) _____ (cell) _____

Email (participant) _____

(parent) _____

(parent) _____

Trip Date 6/23-28/09

Deposit: (\$200) _____

Balance: (\$600) _____ (due by 5/1/09)

* I have read and agree to the cancellation policy described above (please initial) _____

Guides for The Cauldron of Longing and Genius

Shai Lavie, Licensed Marriage and Family Therapist, works with adolescents and adults in private practice in San Rafael. He co-leads teen rites of passage programs through Wilderness Reflections and The Marin School, and teaches meditation classes for teens through Spirit Rock Meditation Center. Shai has been leading personal growth groups in Bay Area high schools for 11 years, and gives talks to therapists and parents about teen issues. Shai is also a Certified Hakomi Therapist and Wilderness First Responder.

Amy Biesemeyer, M.A., MFT Intern, brings her passion for nature and personal growth into her work. As a quest guide, she weaves together her love for song, ritual and creative expression. In her nine years of wilderness guiding, she has learned to gently and skillfully help people navigate the territory between comfort and challenge. Amy currently is a therapist for children, teens and adults. She is a certified Wilderness First Responder.

Wilderness Reflections was founded by **Dave Talamo, MA, MFT** in 1996 to help people turn to nature to mark important life transitions, seek guidance with life's challenges and reconnect with what brings them joy and meaning. Programs for adults and a wide variety of groups are also available. Contact us for more details.